

GBT SHINE™ Legacy Projects: An Outcome of The 702 Sun International SleepOut™ 2015

4th Quarterly Report: November 2016



Dear friends, supporters and partners,

Restoring the light.

Abandonment. Abuse.
Violence. Rape. Some of the
reasons that the lights go out
of our children. Rage.
Addiction. Alienation, Suicide.
A few of the paths that some
youth choose to cope with
overwhelming challenges.
Significance. Home.
Independence. Nurture.
Education. The things we
focus on the empower the
young entrusted to us to
overcome and **SHINE™** again.

It is our pleasure to report on the July to September quarter for the Girls and Boys Town Legacy Projects of The 702 Sun International CEO SleepOut™ 2015.

It was a productive period that in true GBT fashion saw serious educational and therapeutic work happen alongside the more fun and relaxing activities as both are needed for balanced, healthy and happy youth and adults.

While the feature story for the issue highlights the winter holiday camp enjoyed by 20 of our Gauteng-based girls, we also note specific milestones reached by the research, training and education and the home schooling interventions.

As we count-down to the festive season, I'd like to use this as the opportunity to express our gratitude for the care and support we receive from you and to wish you blessed and safe holidays.

Yours in appreciation,
Lee Loynes
CEO of Girls and Boys Town

GBT SHINE™ Goals: Significance, Home, Independence, Nurture and Education

OUR PURPOSE

EMPOWERING OUR VULNERABLE YOUTH TO SHINE™

S	H	I	N	E
SIGNIFICANCE	HOME	INDEPENDENCE	NURTURE	EDUCATION
Tailor-made programmes that aim to enable youth to develop a sense of self-worth and unique value.	The safety of a home and family environment and development of the skills to belong to a family.	Enabling youth to acquire the courage and skills to cope as individuals in the real world.	Equipping our youth to care for themselves and developing the sensitivity to care for others.	Developing the will and skill to acquire knowledge and qualifications to be self-reliant and productive members of society.

HOW WE ACHIEVE IT

GBT SHINE™ Goals: Significance

Igniting the lights that help youth SHINE™

LEGACY PROJECT

Live, Love, Laugh – a two-year project with a R1 million allocation and intended completion date at the end of 2017.

The third Holiday Safety and Development Camp for 20 girls took place in KwaZulu-Natal between 26 June and 11 July 2016.

The cold, windy and wet weather affected some of the outside activities, but the girls were very good at drawing on the GBT SODAS – F problem-solving process (as taught to GBT youth) to come up with alternatives and make decisions on suitable activities. Most of the chosen activities were a lot of laughs and fun – although a fire and safety drill completed the educational aspect of the holiday:

- Visits to the Eland Game Reserve, the beaches in Margate and Munster and the flea-market in Uvongo
- Adventurous cave excursions and riding the super-tube in Port Edward
- Bingo, movie watching, treasure hunt and other indoor and outdoor games at the camp
- Christmas in July Dinner with a concert and exchanging gifts
- July 2016 birthday celebrations.

Staff reported that having 20 girls was quite a challenge, especially getting them to forego extensive preparations and stick to arriving on time for meals.

One evening, the girls received a safety talk about fire and burglaries. They were told that if they needed to get out of their rooms and the door was blocked or jammed, they should scream and jump out of the windows. One of the girls asked what to do if she was too scared to scream, and was told she should: “Jump onto the person in the bed next to you, because they will certainly scream if you jump on them!” The girl was curious, though: “And what if that bed is empty?!”

LETTER OF THANKS

I am very privileged to write this letter. I enjoyed the camp, food, people, outings and most of all being a camp leader – it has taught me responsibility. Thank you to GBT – and The 702 Sun International CEO SleepOut™ for this wonderful opportunity.



Live, love, laugh – and eat icecream!

Help youth experience a sense of belonging to a family and nurture the interrelationship skills to **SHINE™** at home

Buildings as Foundations of Family Life – this 18-month project has an allocation of R7.88 million and an estimated completion date mid-2017.

The design process has been very fulfilling as we seek to ensure an outcome that allows for optimal staff supervision of all 'family' members right through the day and a living environment that is warm and welcoming, rather than institutional.

The design must also allow for an environment that accommodates professional aspects of the support function, including secure and private office space for confidential counselling sessions and youth treatment meetings, and lockers for confidential information and youth medications.

The sod-turning ceremony will follow the completion of the design process. Building renovations will begin in January 2017, after Council plan approval.



Building real homes and strong families.



GBT SHINE™ Goals: Independence

Youth transition from GBT understanding and perceiving the real world as a place worth **SHINEing™** in

LEGACY PROJECT

Preparation for Life – a three-year project with a R10.4 million allocation and completion date by end 2018.

GBT research outcome will impact on all GBT programmes

Residential Youth Therapeutic Interventions

Family Interventions

Educational Interventions

RESEARCH

The purpose of GBT's evidence-based approach is to utilise research outcomes in adapting practice and building staff, family and transitional youth capacity in a sustainable way.

Activities during this quarter included:

July 2016: 'Bringing Research to Practice' workshops, with a focus on what we have learnt from the past five years of research, with specific recommendations to those working with the youth and families:

1. Considering the extreme challenges faced by youth in transition today (unemployment rate, escalating cost of living, etc.), there is a need to establish clear and more specific minimum criteria/standards before disengaging vulnerable youth.
2. The need to strengthen those areas of operation that are most important in researched youth's success rates to date:
 - a. Establishing strong and reliable support networks for transitional youth (religion, sport, community volunteerism, mentors, etc.).
 - b. Empowering transitional youth with functional and practical levels of financial knowledge, skills and literacy.

July through August 2016: A financial services partner completed financial literacy training with GBT staff in July and with youth during August. This was done in response to GBT research findings which indicated a correlation between youth resilience and their own and family's financial stability. The

impact of this training on youth moving into independence will be tracked via the research study processes into the future.

Here is an excerpt from a letter that Ashley Lategan, the partner who provided financial literacy training, sent to GBT following the workshops:

"I was presented with an opportunity to meet the CEO of Girls and Boys Town, Lee Loynes, at The 702 Sun International CEO SleepOut™ event 2015. This was the beginning of a wonderful opportunity for myself and business partner, Edmond Ade, to work with groups of inspiring young girls and boys.

The partnership began as a way for us to address the need for adequate financial literacy training amongst the youth with the delivery of the Financial Planning Institute of South Africa's MyMoney123 programme. We have now established an ongoing training and mentorship programme with the youths at the Kagiso and Magaliesburg campuses.

I am actively involved in engaging with the youth in both group and individual capacities where I address topics such as goal-setting in relation to creating a solid vision and plan for their lives. We discuss individual dreams and goals and examine various methods through which they can be achieved.

The aim of the training and mentorship is to create a mind-set shift, where youth move away from being problem-

solution-orientated thinkers. I aim to ignite their belief in their wealth and capital regardless of what their personal backgrounds may be. There is no limit to what they are able to achieve when we engage with them to recognise and focus on their unlimited potential.

Developing the youths at Girls and Boys Town is a challenge I am excited to be a part of and I look forward to seeing them accelerate into places beyond what they may have originally envisioned for themselves.”

July through September 2016: Fieldworker training on conducting baseline and follow-up interview processes – gaining inputs around youth resilience, their areas of success and challenges experienced and so forth. These interviews will take place during the upcoming phase of data collection commencing in October 2016.



Flow diagram depicting work reported on previously (black blocks) and progress this quarter (gold blocks).

GBT SHINE™ Goals: Nurture
GBT and youth helping others to **SHINE™** too

LEGACY PROJECT

Community Outreach – a two-year project with a R3 million allocation for completion in 2018.

This GBT ‘helping others to **SHINE™** too’ Legacy Project includes three tiers of holistic outreach interventions:



Training and education

GBT trainers work directly with and support schools and the training of educators

Between the inception of this Legacy Project in June 2015 and the end of the period under review, 13 schools and 519 educators have been trained in the GBT 'Well Managed Classroom' workshop, impacting positively on 17 011 learners.

Between July and September 2016, the following SACE-accredited workshops and trainings were conducted by the GBT trainers:

Well-Managed Classroom: Trainings for Townview High and Unity Primary (both in Gauteng West) and Zakariya Park Primary (Johannesburg South) were attended by 139 educators benefiting 3 600 learners.

Administrative Intervention: Senior Management Teams – each with 20 members – from Alafang, Townview, Klopper Park, Sapebuso, Unity Primary and Tsosoloso special schools received the training which helps to ensure that learners experience a positive school culture from the classroom to the principal's office.

Common Sense Parenting: 59 staff from Masibambisane, Johannesburg and Othandweni Children's homes were empowered with skills to manage and develop 173 vulnerable youth currently in their care.

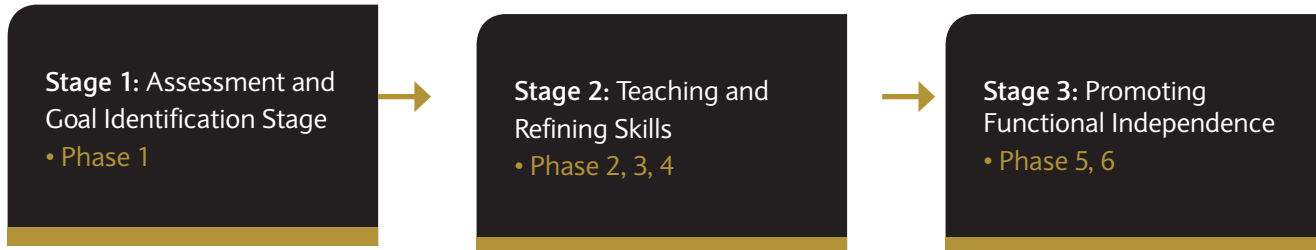




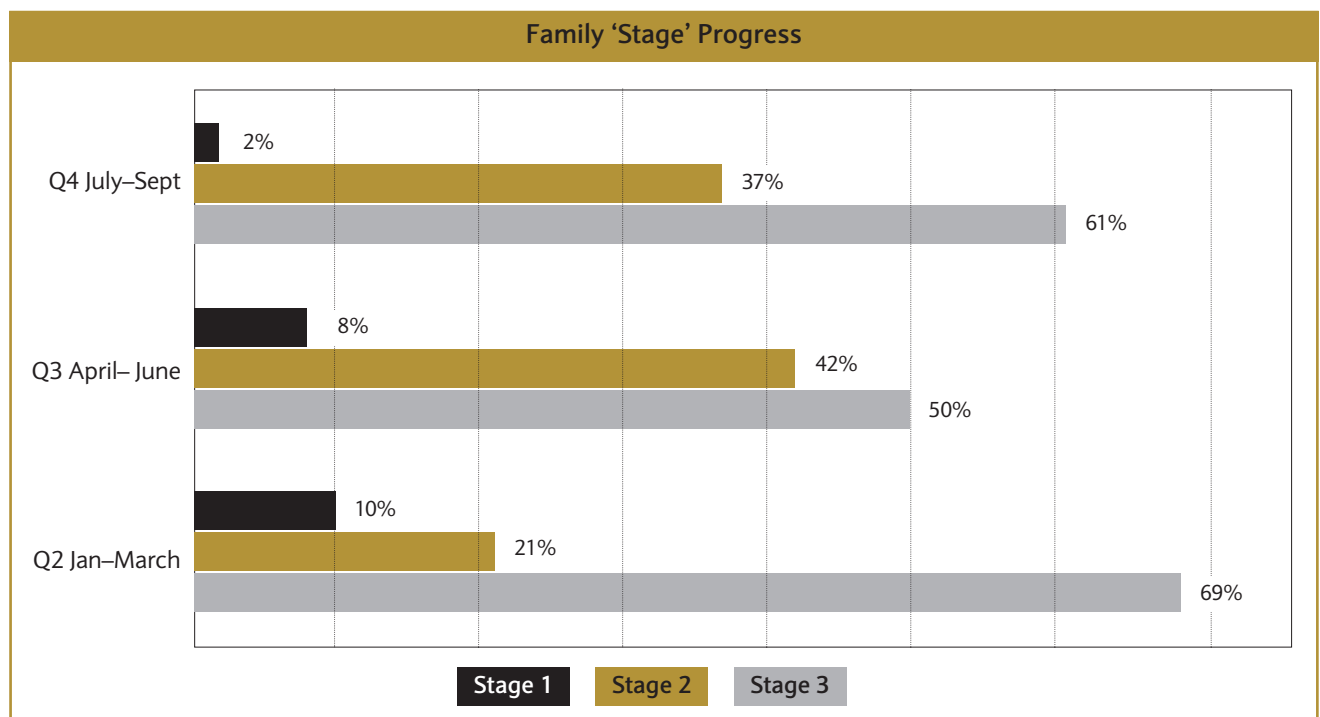
Community-based family work

GBT out-of-office family workers support and strengthen vulnerable and at-risk youth and families in their own homes and communities, to develop sustainable family independence and prevent family disintegration

The GBT family workers work with and strengthen families against an evidence-based three-stage methodology:

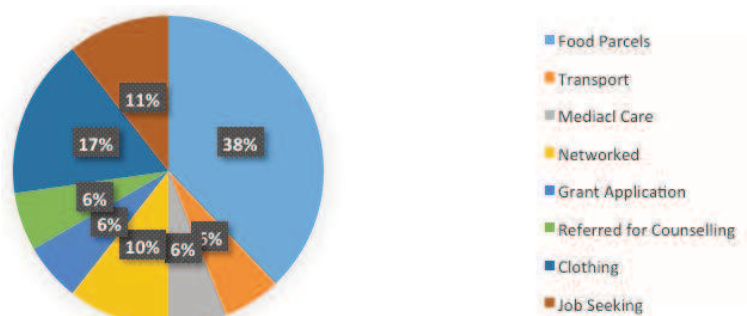


Throughout the year we have had families steadily entering into the programme. The Family Services team has effectively worked with families in identifying and building on the skills that address their referral challenges, facilitating progress towards functional independence and then an exit from the GBT Family Strengthening intervention programme.



Our family workers travelled 6,712 km to work with families in their own communities and homes, and dedicated some 403 hours (319 hours in quarter 3 and 251 hours in quarter 2) healing and strengthening these families in direct interventions. In addition to the direct and focused building and strengthening of functional skills processes, families also received concrete services as depicted in the graph on the right.

Concrete Service Delivery to Families





Community outreach

Working with troubled youth: a seminar for professional youth care givers

The Gauteng GBT team held a seminar for 49 social workers on how to deal with troubled youth and help them to SHINE™ in their communities.

The GBT SHINE™ Goals approach was adapted and applied, in this instance to explore and develop Specific Help to Interact, Nurture and Educate today's youth. Five main behavioural challenges and themes were addressed:

- Substance abuse.
- Discipline, disobedience and rebellion.
- School problems.
- Theft, dishonesty and lying.
- Physical, sexual and emotional abuse.

Focus was on identifying the signs of these behaviours, how to deal with that behaviour and external referral resources where to get additional help.



Workshop to develop better youth care practices.

Some feedback:

What was learned

- “Learned more effective ways of dealing with children with challenging behaviour and that it is a process of time”
- “Ability to identify a child who needs help and how to refer”
- “Children can be disciplined without being harsh to them – nicely showing them desired behaviour”
- “Behaviour is triggered by something”

What was most valuable

- “The way the presenters worked as a team during the presentation”
- “Where they gave advice/skills on how to deal with difficult children”
- “The in-depth information that was given to us”
- “All of the information was very relevant to our profession and for referral”

GBT SHINE™ Goals: Education

Helping youth **SHINE™** in the classroom

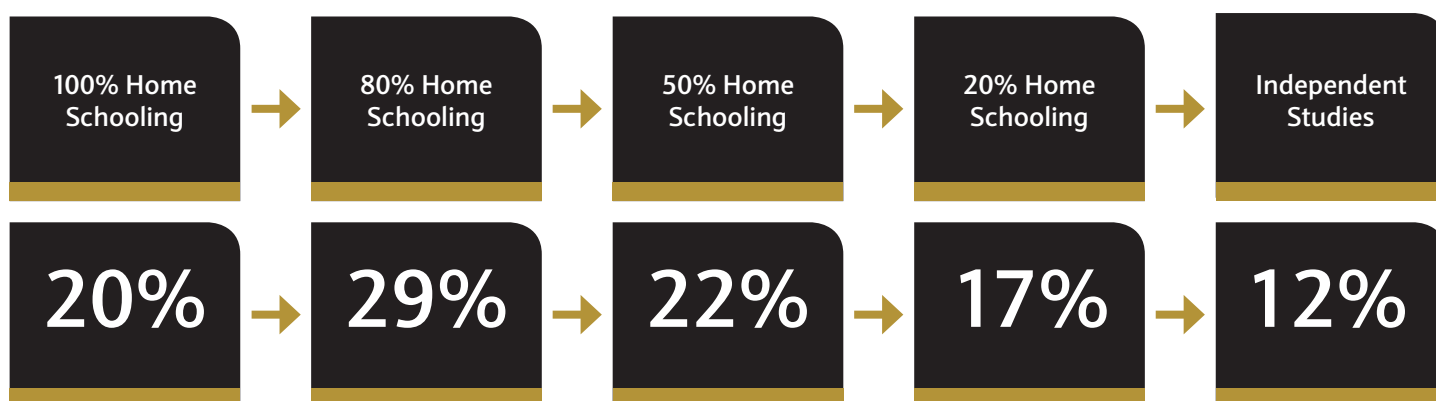
LEGACY PROJECT

Home Schooling – a two-year project with a R1.7 million allocation for completion ending 2017.

Many to most of our youngsters arrive with a frail to non-existent culture of learning or educational discipline.

The transitional Home Schooling Process has allowed us to work with these youths more effectively and flexibly as they adjust and learn to conduct themselves appropriately within the more formal educational system – and to achieve, gain confidence and SHINE™.

Percentage of youth per level of competent educational achievement from July to September 2016:



Of the new 2016 GBT admissions, 58% of the youth were admitted during this three-month period, accounting for the heavier weighting of youth in the more intensive 80-to-100% Home Schooling programme. These new youths began with the onsite Home Schooling two-week assessment and orientation process which will be the foundation for the accelerated school culture preparation.

Youth disengagement from GBT takes place after they successfully graduate, having addressed their personal and educational referral issues, and returning 'home' or into independent living.

Since 2016, 47% of the disengaged youth did so during this reporting period. These youths were achievers who had transitioned into the significantly less intensive 20%-to-Independence phases of the Home Schooling support programme.



Legacy Project Spending Report

30 September 2016

PROJECT DETAILS

Goals	Description	Project	Allocation
Significance	Develop a sense of self-worth & unique value	Live, Love, Laugh	R1m
Home	Provide the safety of home & family	Buildings as Foundation of Family Life	R79m
Independence	Acquire the courage & skills to fare in the world	Preparation for Life	R10.4m
Nurture	Harness the sensitivity to care for self & others	Community Outreach	R3m
Education	Cultivate the knowledge & practical skills to compete	Home Schooling	R1.7m
Ad Hoc	Vehicles	Vehicles	R2.4m
	Brand Activation	PR and Event Marketing	R0m

FINANCIAL ANALYSIS

Allocation	Net of PR and Marketing R	First Tranche Spending R	Second Tranche Spending R	Third Tranche Spending R	Fourth Tranche Spending R	Total Spend R	Spend %
1 000 000	943 000	586 553	-	-	243 538	830 091	88
7 900 000	7 449 700	-	-	-	-	-	0
10 400 000	9 807 200	-	919 755	1 909 589	2 121 143	4 950 487	50
3 000 000	2 829 000	-	336 229	316 527	792 722	1 445 478	51
1 700 000	1 603 100	-	677 989	574 495	649 222	1 901 706	119
2 400 000	2 252 787	2 460 453	-	-	-	2 460 453	109
-	1 515 213	1 515 213	-	-	-	1 515 213	100
26 400 000	26 400 000	4 562 219	1 933 973	2 800 611	3 806 625	13 103 428	50

% Spending Progress Report to 30 September 2016 per project

